



Know the facts about drugs, alcohol and addiction

National Drug and Alcohol Facts Week is March 21–27, 2022

Almost 21 million Americans have at least one addiction, or Substance Use Disorder, yet only 10% of them receive treatment. The sobering truth is that substance misuse kills hundreds of thousands of Americans every year.

Know the facts

ALCOHOLISM

- » 1 in 8 adults has an alcohol use disorder.
- » 30 Americans die every day in an alcohol-related car accident, and 6 Americans die every day from alcohol poisoning.
- » Men between the ages of 18 and 25 are most likely to binge drink and become alcoholics.

DRUG MISUSE

- » 1 in 10 adults has used illicit drugs in the past year.
- » 33% — the increase in drug overdose deaths from 2019 to 2020.
- » Taking opioids for a period longer than 3 months increases the risk of addiction by 15 times. Most people rarely need more than a 7-day prescription.

Support is available through your program

Substance use disorders can range from mild to severe. Signs of the disorder include denial there is a problem, missing work and craving the substance. If you or a household member is affected by substance misuse, your program provides helpful resources.

Help is available. Your Employee Assistance Program is completely confidential and available 24/7/365. Give us a call at XXX-XXX-XXXX (TTY 711) or visit MagellanAscend.com to get started.